

MT. PLEASANT RECREATION DEPARTMENT
YOUTH SCAP SOCCER MANUAL

TABLE OF CONTENTS

I.	Coaches Code of Ethics Pledge.....	2
II.	Infectious Disease Guidelines.....	3
III.	MPRD Lightning Safety Procedures.....	6
IV.	Release of Confidential Information.....	9
V.	Recreation Department Personnel.....	10
VI.	Town Soccer Facilities/ Facility Supervisors.....	11
VII.	Critical Dates.....	12
VIII.	Player Eligibility/Placement of Players on Teams.....	13
IX.	Practices/Schedules/Recreation Hotline Information.....	14
X.	Team Requirements/Equipment and Uniforms.....	15
XI.	Conduct.....	16
XII.	General Game Rules.....	17
XII.	Age Specific Game Rules.....	20
XIII.	Awards/All-Star Information.....	21



Mt. Pleasant Recreation Department

R.L. Jones Center – 391 Egypt Road - Mt. Pleasant, SC 29464
Phone: 843/884-2528 - Fax: 843/849-2778 - www.townofmountpleasant.com

COACHES CODE OF ETHICS PLEDGE

I hereby pledge to live up to the Mount Pleasant Recreation Department Code of Ethics as coach.

I will place the emotional and physical well being of my players ahead of any personal desire to win.

I will remember to treat each as an individual, remembering the large spread of emotional and physical development for the same age group.

I will do my very best to provide a safe playing situation for my players.

I promise to review and practice the necessary first aid principles needed to treat injuries of my players.

I will do my best to organize practices that are fun and challenging for all my players.

I will lead, by example, in demonstrating fair play and sportsmanship to all my players.

I will insure that I am knowledgeable in the rules of each sport that I coach, and that I will teach these rules to my players.

I will use those coaching techniques appropriate for each of the skills that I teach.

I will remember that I am a youth coach, and that the game is for children and not adults.

Date: _____ Name: _____
(Please print)

Signature: _____

MT. PLEASANT RECREATION DEPARTMENT

INFECTIOUS DISEASE GUIDELINES

The Mount Pleasant Recreation Department has published these guidelines in an effort to minimize the possibility of transmission of any infectious disease during practices or games.

These guidelines primarily address blood-borne pathogens such as the Hepatitis B virus and the Human Immunodeficiency Virus (HIV). However, these guidelines also outline common sense precautions against the spread of less serious, but other contagious diseases. It is the intent and desire of the MPRD that all activity by the participants enrolled should be carried out with the safety of the environment. We encourage all volunteers who are part of these programs in any capacity to help us carry out these aims and objectives.

BLOOD-BORNE PATHOGENS

Blood borne pathogens such as Hepatitis B and HIV are serious infectious diseases, which are present in blood as well as other bodily fluids such as semen, vaginal fluids and breast milk. While there are a number of such diseases, Hepatitis B and HIV are the most common known.

Hepatitis B is a virus, which results in a dangerous inflammation of the liver. Its victims can suffer long-term consequences and recurrences and the disease can be deadly if not treated. HIV is the virus that causes AIDS or Acquired Immunodeficiency Syndrome, which weakens the immune system, thus making a person susceptible to infections their immune systems normally would fight off. AIDS is incurable and deadly.

When giving first-aid to others, an individual should wear protective gloves (such as rubber surgical gloves) any time blood, open wounds or mucous membranes are involved. The individual should wear clean gloves for each person treated or when treating the same person more than one time.

If the individual gets someone else's blood on his/her skin, protective gloves should be worn and the blood wiped off with a disposal alcohol swab.

Note: If blood gets on a uniform during practice or a game, the uniform should be wiped with a disinfectant such as isopropyl alcohol (rubbing alcohol).

If an individual begins to bleed during practice or a game, play must be stopped and the individual should be removed from the game. If there is blood on the floor and/or bench, the floor and/or bench should be cleaned using a disinfectant solution of household bleach and water. The recommended mixture is ten (10) parts water to one (1) part bleach. (Example: 1/2 bleach to one (1) gallon of water). The surface should then be rinsed with clean water to avoid participants getting the disinfectant in their eyes. The person doing this cleanup should wear protective gloves.

The individual removed from practice or a game due to bleeding must have the bleeding stopped and any wound covered before being allowed to return to the practice or game. If the bleeding begins again, the practice or game should be stopped and the potentially contaminated surfaces cleaned. The manager or umpire/referee would be the judge as to the number of times the practice or game would be stopped before the individual is disqualified from further participation in that practice session or game.

The person who has treated an injury where there is blood present or has cleaned a potentially contaminated surface should wash their hands with soap and hot water whether or not protective gloves are worn.

Disposable towels should be used in all clean up. Towels, gloves and all protective materials used in the cleanup, as well as items used to stop the bleeding, should be placed in a sealed container lined with a plastic bag. These bags are not to be reused and should be disposed of on a daily basis.

Any official who gets blood on himself/herself should do the same as the participants in a practice or game. A disinfectant such as isopropyl alcohol (rubbing alcohol) should be used to wipe the blood from an area.

Although Hepatitis B is a much more common virus than HIV, it is HIV and AIDS more than any other disease that has served to heighten public concern over blood-borne pathogens.

It is most important to carry out suggested procedures in the interest of safety and the health of children who participate in our activity on a day-to-day basis. If this is done, parents and others can be assured that we are concerned about the total well being of the youngsters entrusted to our care.

The precise risk of HIV transmission during exposure of open wounds or mucous membranes such as eyes, ears, nose and mouth to contaminated blood are not known. However, evidence would suggest it is extremely low. In fact, the possibility of contracting HIV in this manner is much less than the possibility of contracting Hepatitis B or other blood-borne infections.

Everyone must understand that while it is theoretically possible for HIV to be transmitted by blood from one individual through the wound or mucous membrane of another individual, the probability of this occurring is extremely low. One must not assume, however, that the chance of transmission of HIV in this manner is zero. Proper and adequate precautions should be taken to ensure that no transmission could occur.

WAYS TO PREVENT THE TRANSMISSION OF BLOOD-BORNE PATHOGENS

If blood is present, positive steps can be taken that will lessen the possibility of transmission of blood-borne pathogens, such as Hepatitis B or HIV, if the person who is bleeding has such a disease.

It is most important that the adults who work with youngsters in youth activities are aware of what steps should be taken in the event an accident occurs and there is a presence of blood. If there is blood present, this situation should be treated with respect regarding its ability to transmit infectious disease.

If the participant has an open wound on their body, they should cover this wound prior to the start of a practice or game. When this is done, the participant will decrease the risk of transmission of a blood-borne pathogen from their open wound to the open wound or mucous membrane of another person or vice versa.

It is essential that good hygiene be used by all adults and youth participants. Towels, cups and water bottles should not be shared.

OTHER CONTAGIONS

Respiratory secretions, saliva and nasal discharge generally transmit contagions such as the Influenza Virus, the Common Cold virus and the Mononucleosis virus. This occurs through the air when an infected person sneezes or coughs, or by oral inoculation from contaminated hands and surfaces. The possibility of becoming infected with one of these viruses is greater indoors than outdoors. If a person is infected with one of these viruses, they possibly will have an incubation period of a few hours or days. Colds and Influenza are usually known by the individual who may be affected and normal symptoms include: muscle aches, pains in joints, fever and chills. If an individual is affected, they should not be allowed to practice or play in a game due to the weakness that would be present from these viruses. It is important to observe sound hygienic practices when this occurs and towels, cups and water bottles should not be shared among participants.



Mt. Pleasant Recreation Department

ATHLETIC DIVISION

391 EGYPT RD.
MT. PLEASANT, SOUTH CAROLINA 29464

PHONE: 884-2528 FAX: 849-2778
www.townofmountpleasant.com

TITLE: LIGHTNING SAFETY PROCEDURES

REFERENCE NUMBER: AO-400.01 **DATE:** JANUARY 13, 2003

RESPONSIBLE AUTHORITY: ATHLETIC DIVISION CHIEF **PAGE 1 OF 3**

PURPOSE: To insure as much as possible that the safety of participants is a priority and provide the proper procedure to mitigate the lightning hazard at Mt. Pleasant Recreation Department (MPRD) Athletic Division activities.

POLICY: Lightning is the most consistent and significant weather hazard that may affect outdoor activities; therefore the following procedures are to be followed to help insure the safety of MPRD participants and spectators by monitoring how far away the lightning is occurring and how fast the storm is approaching, relative to the distance of a safe shelter.

SPECIFIC PROCEDURES:

1. MPRD has established a chain of command as to who monitors threatening weather and who makes the decision to remove a team or individuals from an athletic site or event. The chain of command will be as follows:
 - a. Facility Supervisor assigned to site/event
 - b. Game Officials/Referees/Umpires
 - c. Recreation Coordinator assigned to activity
 - d. Athletic Division Chief
 - e. Assistant Director
 - f. Director
2. The Facility Supervisor assigned to the activity/site will be the MPRD's representative at the site in the absence of the Recreation Coordinator. The Facility Supervisor will include in their daily procedures monitoring of the weather by visual, audio and electronic means.
3. MPRD will obtain a weather report each day prior to a practice or event. Staff will be aware of potential thunderstorms that may form during scheduled activities.
4. MPRD will monitor the weather reports and National Weather Service-issued (NWS) thunderstorm "watches" and "warnings" as well as signs of thunderstorms developing nearby.
 - a. A **watch** means that conditions are favorable for severe weather to develop in an area.
 - b. A **warning** means that severe weather has been reported in an area and for everyone to take proper precautions.

LIGHTNING SAFETY PROCEDURES
AO 400.01

5. MPRD Staff will know where the closest “safe structure or location” is to the field or playing area and will know how long it takes to get to that safe structure or location. Safe structure or location is defined as:
 - a. Any building normally occupied or frequently used by people; ie., a building with plumbing and/or electrical wiring that acts to electrically ground the structure. Shower facilities are not to be used for safe shelter and **do not use** the showers or plumbing facilities during a thunderstorm
 - b. In the absence of a sturdy, frequently inhabited building, any vehicle with a hard metal roof (not a convertible or golf cart) and rolled-up windows can provide a measure of safety. The sides of the vehicle are not to be touched.

6. MPRD has designated the following areas as a “safe structure or location” for the sites listed below:
 - a. R.L. Jones Center Complex – The R.L. Jones Center building, softball field press box with roll up windows closed or individual vehicles in parking lot.
 - b. Duffy Complex – The concession stand/storage building or individual vehicles in parking lot.
 - c. Patriots Point – Individual vehicles in parking lot.
 - d. Park West – MPRD Park West building or individual vehicles in parking lot.
 - e. Whipple Road Complex – Tennis Center building or individual vehicles in parking lot.
 - f. Sloan Park - Individual vehicles in parking lot.
 - g. Moultrie Middle School - Individual vehicles in parking lot.
 - h. Town Hall Track & Field – Town Hall gym or individual vehicles in parking lot.
 - i. Whitesides Elementary School - Individual vehicles in parking lot.
 - j. Reid & Speights Street Fields - Individual vehicles in parking lot.
 - k. Longpoint Soccer Field – Longpoint Amenities building or individual vehicles in parking lot.
 - l. Trident Academy Field – Individual vehicles in parking lot.
 - m. James B. Edwards Elementary School - Individual vehicles in parking lot.

7. Overhangs, toilet trailers, restroom buildings picnic shelters, tents, dugouts or other areas not listed in section 6 are **not to be used** to avoid lightning.

8. It is the responsibility of MPRD Staff to be aware of how close lightning is occurring, by using a combination of the “flash-to-bang method” and issued lightning detectors. To use the “flash-to-bang method”, count the seconds from the time the lightning is sighted to when the clap of thunder is heard. Divide this number by five (5) to obtain how far away (in miles) the lightning is occurring. For example, if an individual counts 15 seconds between seeing the flash and hearing the bang, 15 divided by five (5) equals three (3); therefore, the lightning flash is approximately three (3) miles away.

9. Lightning awareness should be increased with the first flash of lightning or the first clap of thunder, no matter how far away. The most important aspect to monitor is how far away the lightning is occurring and how fast the storm is approaching, relative to the distance of a safe shelter

LIGHTNING SAFETY PROCEDURES
AO 400.01

- 10.** At a minimum, by the time the monitor obtains a “flash-to-bang” count of **30 seconds**, all individuals should have left the athletic site and reached a safe structure or location.

- 11.** When consideration is being given to resumption of athletic activities, a 30 minute waiting period after the last flash of lightning or sound of thunder is recommended before returning to the field or activity.

_____ **Athletic Division Chief**

_____ **Assistant Recreation Director**

_____ **Recreation Director**

MT. PLEASANT RECREATION DEPARTMENT

RELEASE OF CONFIDENTIAL INFORMATION

The rosters that are provided to each coach contain important, yet confidential information. Each and every coach has the responsibility to insure that this information remains confidential. The MPRD has taken steps to abide by the wishes of many parents in keeping this information confidential.

Do not just randomly make copies of your roster to give to every parent on the team. Some parents do not want their phone numbers or child's birth date to be given out. Please respect everyone's wishes in this matter. If you want to form a phone tree or have a team mom/pop, ask the parents for their phone number/address. This way, if they do not want to participate in this manner, they have the option to say no.

Do not make multiple copies of the roster for convenience. The chances of leaving a copy somewhere on the field or in the dugout become greater with the more copies that you have.

If anyone approaches you at the field requesting such information for a promotion, tell them no. Request their name and phone number and have them get in touch with the MPRD. Notify the Facility Supervisor or any MPRD personnel at the site. Call and notify the MPRD as soon as possible.

When requesting a roster to be faxed to your office, make sure that you get the fax promptly and that no other copies are available or thrown in the trash.

Please take the extra time and steps to help insure that this information does not accidentally fall into the hands of people who do not need it. All of our children are precious to us. It's worth the extra effort to help keep them out of harms way.

MT. PLEASANT RECREATION DEPARTMENT

PERSONNEL

Executive Staff

Sarah Garner, Executive Office Manager
Julie Davis, Account Clerk
Melissa Estrada, Administrative Clerk

Athletic Division

Jimmy Millar, Athletic Division Chief
Terri Steed, Recreation Coordinator/ Volleyball/Basketball
Jay Rhodes, Recreation Coordinator/Football/Track/Lacrosse
Scott Koth, Recreation Coordinator/ Softball
Diana Drake, Administrative Assistant
Ryan Johnson, Recreation Coordinator/Baseball
Kari Moss, Recreation Specialist Football/Track/Lacrosse
Karl Ankersen, Recreation Specialist /Baseball
Ian Evans, Recreation Specialist/Soccer
Rachel McCollum, Recreation Coordinator/ Soccer

Program Division

Stacey Harrington, Program Division Chief
Tina Carter, Program Coordinator
Jeff Gerrard, Aquatics Coordinator
Matthew Cleaton, Aquatics Specialist
Johnny Branch, Recreation Specialist, Aquatics
Kelly Weaver, Recreation Specialist, Aquatics
Doug Fetchen, Head Swim Coach, Lauren Donohue, Assistant Swim Coach
Anne Selner, Recreation Specialist
Florine Russell, Recreation Specialist
Mark Friedrich, Recreation Specialist
Jimmy Millar, Recreation Coordinator/Tennis
Chuck Delorme, Senior Program Coordinator
Gary Jaster, Senior Program Recreation Specialist
Gayle Broach, Administrative Assistant
Caron Saunders, Administrative Assistant

Office Personnel

Chris Brags, Administrative Assistant
Deborah Llaro, Administrative Assistant
Tiffani Walker, Administrative Clerk
Karen Washington, Administrative Clerk
Samantha Forbes, Administrative Clerk
Rhea Pitts, Administrative Clerk

TOWN SOCCER FACILITIES

1. **Patriots Point Soccer Complex** - 85 Patriots Point, Mt. Pleasant
2. **Mt. Pleasant Recreation Complex at Park West** - 1251 Park West Boulevard, Mt. Pleasant
3. **Long Point Field** – Needlebrush Parkway, Mt. Pleasant

***PLEASE NOTE:** Due to scheduling circumstances, there may be times when league games will be played at facilities other than those designated for a specific age group.

FACILITY SUPERVISORS

There will be a facility supervisor at each game identifiable by a purple T-shirt or sweatshirt. They are Recreation Department employees, and as such, represent the final authority for each situation not handled by the referee.

Please familiarize yourself with these people. They are athletes themselves with expert credentials for being supervisors. If you have any concerns, suggestions, or information, please tell one of our facility supervisors. They have a Game Summary Form that they are required to complete at the conclusion of the contests at a particular site. This form is used to pass information on to the Athletic Division Chief on a daily basis.

MT. PLEASANT RECREATION DEPARTMENT

CRITICAL DATES

September 17 st	Practices Begin
September 24 th	Games Begin
TBA	All-Star Nominations Due
TBA	Coaches Meeting – All Stars
TBA	All Star Games
TBA	SCAP State Championship Games

MT. PLEASANT RECREATION DEPARTMENT

PLAYER ELIGIBILITY

All players must fill out a registration form and pay a fee in order to participate in the Soccer program. Scholarships are available on an individual basis. Contact the Athletic Division Staff for assistance concerning the scholarship program.

Each child must have a copy of his/her birth certificate or other acceptable document proving date of birth on file at the Recreation Department. First time participants must provide original documentation.

If a player is found to be ineligible because of a knowledgeable violation, all games in which that player participated will be declared forfeits.

No player will be allowed to play Junior Varsity or Varsity Soccer in any high school league and play in the Mt. Pleasant League at the same time.

PLACEMENT OF PLAYERS ON TEAMS

The goal of our Recreation Department is to have all the teams in each league divided equally according to talent. Since we have no way of knowing the talent level of ALL PLAYERS, the only way that we can insure that no team “loads up” on the talent is to have evaluations and drafts. The method used to divide these teams is as follows:

1. The head coach’s child/children will be allowed to be on the same team that their parents coach.
2. Siblings will play on the same team if their age allows them to unless parents request that they play on separate teams.
3. A player evaluation will be conducted. This evaluation will help insure more balance among teams in each respective league. Players not present for evaluations will be randomly placed on a team.
4. Parent volunteer coaches may select an assistant coach **after** the draft/evaluation process. No requests for an assistant coach will be accepted.

Team assignments will be made after the registration period. **The Athletic Division, not by coaches, will make all deletions and additions to the team roster. NO TRADES WILL BE ALLOWED.** Sponsors may wish to sponsor the team that their child is randomly selected to. Sponsors WILL NOT BE permitted to chose which coach their child will play for prior to the team selection. **NO PLAYER WILL BE ALLOWED TO PLAY UNLESS THEY ARE REGISTERED THROUGH THE MT. PLEASANT RECREATION DEPARTMENT.** A player can not be drafted by a coach if he/she does not attend evaluations.

MT. PLEASANT RECREATION DEPARTMENT

PRACTICES

No players are to be left unattended after practices have ended. An adult must stay until the last player has left the premises.

All practice schedules must be strictly followed. In the event a coach cannot make a scheduled practice, all players must be notified by the coach.

More than one (1) team will be scheduled to practice on a field at one time. All coaches must share the space in an amicable manner.

Practice requests must be submitted to Recreation Specialist by 5:00pm Wednesday prior to upcoming weekend or next week's practice.

After the allotted time is up, the practice must end immediately. Courtesy and consideration are paramount to satisfying everyone's requirements.

Teams are **not allowed** to practice when it is thundering or when lightning is present. Refer to the MPRD Athletic Division Policy, AO-400.01 **Lightning Safety Procedures**, for further information regarding lightning safety. This policy is located in the front of the manual right after Infectious Disease Guidelines.

SCHEDULES

Due to the size of our entire club, In-House Rec. teams may have Friday night, Saturday or Sunday make-up games scheduled. Make-up games may include doubleheaders.

Schedules will be made up by the Mt. Pleasant Recreation Department. All games must be played at the time, day, and location outlined in the schedule or will result in forfeit.

The Recreation Department will reschedule any games that are postponed because of rainouts or reasons beyond the Rec. Dept. control. All league games will be rescheduled on the next available date.

The official team name is the sponsor's name. That name will appear on the game schedule. If the team does not have a sponsor; they will be given a name.

RECREATION Rainedout INFORMATION

Register at www.RainedOut.com to get an update on the playing status of games when inclement weather exists. The Recreation Department and officials will determine if a game is rained out. However, "when in doubt, dress out.

MT. PLEASANT RECREATION DEPARTMENT

TEAM REQUIREMENTS

Please look at the following new format for our SCAP league.

The divisions are:

U10G	6 vs 6	Max 12 players per team.
U10B	6 vs 6	Max 12 players per team.
U12G	8 vs 8	Max 14 players per team.
U12B	8 vs 8	Max 14 players per team.
U15 Coed	8 vs 8	Max 14 players per team
U18 Coed	7 vs 7	Max 14 players per team

League age will be determined by how old the child is on September 1, 2011.

The Recreation Coordinator/Soccer reserves the right to combine age groups if there are not enough players to form the above-mentioned divisions. Children are not allowed to waiver up past the U-10 age group.

EQUIPMENT AND UNIFORMS

The complete uniform consists of game jersey, shorts, shin guards, socks and shoes. The Recreation Dept. will provide game jerseys for all participants. Shorts, socks, shin guards, and shoes are the responsibility of the participant.

Only those game jerseys that are issued by the Recreation Department will be allowed to be worn in the games. All players must have on a uniform or will not be allowed to play in the game.

Shin guards are MANDATORY. NO SHIN GUARDS – NO PLAY!!!

Shorts which have pockets or zippers are NOT permitted. ABSOLUTELY NO POCKETS! Players will be asked to change if they come to participate in a game with unacceptable shorts. (Shorts will not be provided by the Recreation Department). If they do not have acceptable shorts they will not participate.

Two (2) soccer balls will be available for each coach and used for games and practices. The Soccer Recreation Specialist will collect all equipment after the last scheduled game. Equipment (cones and bibs) necessary for practices and games will be issued by the Recreation Department to the coaches and accounted for. Any equipment issued by the Recreation Department that becomes damaged or broken must be exchanged immediately for good equipment. Any lost/missing equipment must be reported as such immediately to the Recreation Department. The appropriate report of lost/missing equipment form must be completed at this time. During games the coach must share any Recreation Department equipment with the other teams if it is necessary. **Failure to report lost/missing equipment could result in the individual who was issued the equipment having to reimburse the Mt. Pleasant Recreation Department for replacement cost.**

MT. PLEASANT RECREATION DEPARTMENT

CONDUCT

All players must remain on the sidelines during the game except when substituting and time-outs.

Coaches may not pace up and down the field giving instructions. (Coaching area is 10 yards on either side of the bench area)

At no time during or after a game may a coach or players argue a call of a referee.

At no time, before, during, or after a game, shall a coach or players yell or raise his or her voice at a referee, scorekeeper or Recreation Department personnel.

No smoking or use of any type of tobacco or alcohol products will be permitted by coaches or players while at practices or games.

Absolutely no fighting will be permitted by any player or players. Violators will automatically be suspended from further league participation.

Any player or coach ejected from a game must leave the playing area immediately. The game will not be allowed to continue until the offender has left. A player or coach suspended will serve a one game suspension and will not be permitted to play until a meeting is held with the Recreation Department Athletic Division Chief.

Any coach who pulls his or her team from the field before the contest has ended will be suspended for the remainder of the season.

All coaches will conduct themselves according to socially accepted standards and the Coaches Code of Ethics Pledge. Violators may be suspended by the Athletic Division Chief after a meeting has been held.

Do not contact the sponsors for additional money.

Any player using inappropriate language will be removed from the game. Multiple violations will result in the player being removed from the league.

The Athletic Division Chief has the authority to, and will, dismiss any coach who does not conduct themselves according to any of the above policies, or in any manner that is not deemed appropriate by MPRD.

MT. PLEASANT RECREATION DEPARTMENT

GENERAL GAME RULES

ABSOLUTELY NO SMOKING OR USE OF ANY TYPE OF TOBACCO OR ALCOHOL PRODUCTS WILL BE PERMITTED BY COACHES, PLAYERS, GAME OFFICIALS, OR REFEREES WHILE AT PRACTICES OR GAMES.

All rules not covered by these policies will be governed by the Federation International Football Association (FIFA) – Laws of the Game.

Length of Games

The game will be divided into four (4) quarters of twelve (12) minutes with a 5-minute halftime between 2nd and 3rd quarters.

- All teams play four (4) 12-minute quarters.
- All half times will be five (5) minutes.
- A 1-minute “substitution” period will be held between 1st and 2nd and 3rd and 4th quarters. This is not to be used as a coaching period.

*Due to tight field availability, matches must be completed on time. Matches started late or temporarily stopped for inclement weather must be shortened by the referee to complete on time.

* All games completing at least 2 quarters of play will count as official games even if ended early due to weather or injury.

Minimum Number of Players

- All 8v8 age groups must have a minimum of 6 players to play.
 - (See U/15 & U18 for CoEd requirements)
- All 6v6 age groups must have a minimum of 5 players to play.

Mandatory Playing Time

The game will be divided into four (4) quarters of twelve (12) minutes with 5-minute halftime between 2nd and 3rd quarters. Play will stop for one minute between other quarters so that substitutions may be made. Every player must play for minimum of (2) complete quarters during a game without being substituted for. If a player exits the game due to injury or by a request he/she will be credited a full quarter of play. Only under these two circumstances should there be substitutions made during each quarter. Violation of this rule will be forfeiture of the game and a one (1) game suspension for the coach or until contacted by MPRD. Two (2) violations of the playing requirement will result in dismissal of the coach from the program. If a coach violates this rule during the last game of the season, he/she will be suspended from coaching All-Stars. **This will also jeopardize his/her future as an MPRD coach.**

MT. PLEASANT RECREATION DEPARTMENT

GENERAL GAME RULES

Rescheduling

Games canceled due to weather will be rescheduled by the Recreation Coordinator/Soccer. Teams unable to field the minimum amount of players will be given a “loss by forfeit”. The official score of a forfeit game will be 3-0.

All games playing at least 2 Full quarters will be counted as official and will not be rescheduled.

Match Forfeits

Grace period of 10 minutes after scheduled game time applies to all first games of the evening only, applies to coaches and players. If a game starts late because of coaches and/or players then each quarter will be shortened equally to adjust to the allotted field time usage. After the 10 minutes, the game will be recorded as a forfeit. If both teams do not have enough to play, a double forfeit will be issued. **NO EXCEPTIONS!**

Throw Ins

Second attempt will be allowed during regular season games. No second attempt will be allowed during tournament.

Off-Sides

Off-sides will be called in all leagues

Team Bench Area

Coaches/Teams must be separated by half way line and each coach and team member must stay on their side of the half at all times. Spectators and parents are not allowed to be on the same side of the field as team benches (parents & spectators on one side, both teams on other side). Coaches are responsible for the conduct of their players and fans.

MT. PLEASANT RECREATION DEPARTMENT

GENERAL GAME RULES

Ejections

Any player or coach ejected from a game by the referee must leave the field immediately or the game will be forfeited. Any player or coach that is ejected will automatically be suspended for the next game and a minimum of one (1) game. The Athletic Division Chief will determine if further action is necessary. No practices or games can be attended by players, coaches or parents until a meeting is set with the Athletic Division Chief.

Score/League Standings

Score and league standings will be kept in all leagues. This will be updated weekly

Game Uniforms

No player is allowed to wear:

- shoes with a toe cleat
- jewelry
- shorts that have pockets or zippers
- Substitute jerseys

Coaches

Coaches may not be on field with players beyond start of game.
Coaching must be from sideline, no coaching from endlines.

MT. PLEASANT RECREATION DEPARTMENT

AGE SPECIFIC GAME RULES

U10 League

Size of Ball

- Size 4 ball

Referee

- 1 Referee

Number of Players

- Team must play with at least 5 players.

U12 League

Size of Ball

- Size 4 ball

Referee

- 1 Referee

Number of Players

- Team must play with at least 6 players.

U15 COED League

Size of Ball

- Size 5 ball

Referee

- 1 referee

Goalkeepers

- No punting, drop kicks or kicking of bouncing balls

Number of Players

- Eight (8) players on field: minimum of (3) females on field at all times if 8 players
- Five to seven players on field: minimum of (2) females on field at all times
- No females present, play maximum of (6) males on field at all times
- Can always play with more females than the minimum
- Maximum of 5 males on the field at any time
- Minimum of 6 players (at least 2 must be female)

MT.PLEASANT RECREATION DEPARTMENT

U18 COED League

Size of Ball

- Size 5 ball

Referee

- 1 referee

Goalkeepers

- No punting, drop kicks or kicking of bouncing balls

Number of Players

- Eight (7) players on field: minimum of (3) females on field at all times if 7 players
- Four to six players on field: minimum of (2) females on field at all times
- No females present, play maximum of (5) males on field at all times
- Can always play with more females than the minimum
- Maximum of 4 males on the field at any time
- Minimum of 5 players (at least 2 must be female)

MT.PLEASANT RECREATION DEPARTMENT

REGULAR SEASON/POST SEASON TOURNAMENT CHAMPIONS

For regular season champions/post season seedings: The team(s) with the best regular season record based on a point system (see below) will be the regular season champion. In the case of ties, the following criteria will be used:

1. # of wins
2. Head to Head
3. Goal Differential, goals allowed & goals for
4. Regular Season = who goes farther in post season tournament; Post Season = coin toss seedings

All teams will participate in post-season tournament.

Point system (regular season)

- **Win – 3 points**
- **Tie – 1 point**
- **Loss – 0 point**

Post season Tournament – single elimination

*The post season tournament may be cancelled due to inclement weather or any other circumstance that causes the season to be extended into scheduled all-star practice/play.

*There is not a Post Season Tournament during Fall Soccer. Players are selected to play in All-Stars.

AWARDS

In all leagues the regular season champion and runner up will receive team trophies. In addition, the regular season champions will receive individual trophies. In the post-season tournament the tournament champion and runner-up will receive a team trophy and individual trophies will be awarded to the champions and runners-up.

ALL-STAR INFORMATION

PHILOSOPHY: The philosophy of All-Star competition in the Mt. Pleasant Recreation Department is to make every attempt to select the most skilled and deserving athletes in their league/division. We ask that when you nominate a player please make sure you feel they truly are worthy of being labeled one of the best in the league/division.

NOMINATIONS: Each coach should submit a list of their players (at least one, no more than four) who they believe deserve All-Star selection consideration. The players should be ranked in priority sequence with the best player listed at the top. The appropriate dates for the All-Star Competition will be submitted to the coaches at a later date. Once players for consideration have been submitted a coaches meeting will take place to select the top players to participate in a state wide all-star competition.

SELECTIONS: The Recreation Coordinator/Soccer will compile a master list of all candidates and return this list to all coaches. All coaches will meet and select players. Coaches are asked to take the time to observe those nominated prior to the coaches meeting.

Each All-Star selected must pay an additional \$15.00 fee to participate in this extra season. There will be no discounts with this fee to include coaches, multi-child and town employees. Each All-Star will receive shorts & a shirt to keep.