



Girls Academy Referee One Sheeter from Referee Guidelines 2025-2026

[2025-2026 GA Frameworks](#) - Click the link to access the full GA Frameworks

** We have recommended that the home team have a copy of the frameworks available at each game.

** We recommend Referees have a copy of the Referee Guidelines available at each game for quick reference

Referee Compensation:

All referee costs are the responsibility of the home club. If a neutral site is used, the designated home club shall pay unless it is pre-approved by the league that costs will be shared. Payment of appointed referees is up to the discretion of the home club. It is suggested that the home team pays the referees prior to the game upon arrival through the arbiter system or direct deposit centrally through US Officials or other avenues. No payment of any type post-game. At National Events, referee fees are included in event fees.

Aspire Matches

Age = Center/AR1/AR2 + 4th Official

U13-U15= \$85/\$55/\$55 + \$45 for a 4th**

U16-U19= \$95/\$65/\$65 + \$45 for a 4th**

“Club Linesperson”:

ALL GA matches are expected to have 3 referees. If an emergency occurs and a 3rd official is rendered unavailable or cannot continue a match, the GA home club must immediately notify the visiting club and GA Director of League Competitions via email (admin@girlsacademyleague.com) of the circumstances, and a ‘club linesperson’ may be utilized for the match. When using a ‘club linesperson’ they are ONLY responsible for notifying the Center Referee when the ball goes out of bounds. They are not to call fouls or indicate the direction of a throw-in. They are to stay in line with the last defender but do not signal for offside. An approved certified and uniformed referee that subs in will be compensated by the home club; a ‘club linesperson’ does not receive compensation.”

Substitution Sheet:

- ***NEW SUBSTITUTION POLICY:** All games have five (5) moments per game with no more than three (3) moments per half. There is a re-entry in the second half. All players that have been substituted out are eligible to re-enter the game within the remaining moments allotted. If any player is substituted again, they are not permitted to re-enter the match.
- AR1 to complete the Girls Academy substitution sheet. See [Substitutions Sheet 2025-26](#).
- There is stoppage time added for completion of sub pass (this is noted on the sheet too).
- If coaches wish to fill out the sub sheet themselves, it is fine if both teams agree.

Other Notes:

- U13-U15s: 80-minute game, 10-minute half
- U16-U19s: 90-minute game, 10-minute half

There is stoppage time. There is stoppage time if we do a water break. There is stoppage time for completion of sub pass.

Sample Order/Plan for Referees:

1. Arrive 20-30 minutes early
2. Get a match card and sub sheet from the home team and check in 15 minutes before the game (or sooner).
3. Cross off players not playing; checkmark players in attendance and playing. Must be done for both teams.
 - **There will be NO WRITE INS PERMITTED; any player written into the Match Card is considered ineligible.**
4. Confirm coaches/managers who are on the bench are approved to the match card or have a photo/printed copy of their 25/26 Girls Academy or Aspire coach/manager card with them.
5. Complete normal referee pre-game routine.
6. Prep substitution sheet.
7. Referee the match utilizing the Substitution Sheet
8. Post game:
 - Complete the match Card, note any Red or Yellow Cards
 - Take a picture of the match card and substitution sheet for their records.
9. **Must have both the match card and sub sheet completed and given to the home team before leaving.**
10. Report Red Cards to the GA using the [Girls Academy Red Card Report Form](#)
11. If a **RED** is given for **VIOLENT CONDUCT**, the incident is to be called into the league immediately following the match by the home club's director.



SUBSTITUTION SHEET

Team: _____ Moment: 1 2 3 4 5

Coach: _____ Signature: _____

<u>1st Half Substitution</u>							<u>2nd Half Substitution</u>
1	2	3	4	5	6	7	One (1) Re-Entry in the 2 nd half

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

U13-U15: (2) 40-minute halves, 10-minute halftime

U16-U19: (2) 45-minute halves, 10-minute halftime

No Re-Entry in the First Half. One (1) Re-Entry in the Second Half.

Halftime Does Not Count as a Moment

No More Than (3) Moments Per Half and (5) Moments per Game There is stoppage time in GA per Laws of the Game. In addition, stoppage time is to be added for referee completion of the sub pass.



SUBSTITUTION SHEET

Team: _____ Moment: 1 2 3 4 5

Coach: _____ Signature: _____

<u>1st Half Substitution</u>							<u>2nd Half Substitution</u>
1	2	3	4	5	6	7	One (1) Re-Entry in the 2 nd half

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

In: _____ Out _____ Min. _____ In: _____ Out _____ Min. _____

U13-U15: (2) 40-minute halves, 10-minute halftime

U16-U19: (2) 45-minute halves, 10-minute halftime

No Re-Entry in the First Half. One (1) Re-Entry in the Second Half.

Halftime Does Not Count as a Moment

No More Than (3) Moments Per Half and (5) Moments per Game There is stoppage time in GA per Laws of the Game. In addition, stoppage time is to be added for referee completion of the sub pass.