



The Middle School soccer League will be governed by the rules set forth by the National Federation of High School Associations with the following exceptions:

- Each game will consist of two (2) twenty-five (25) minute halves. Halftime will be five (5) minutes in length.
- There will be NO overtime in regular season games. In the playoffs, overtime will consist of two (2) five (5) minute periods with no Golden Goal. If the teams are still tied after the overtime periods, they will go to a penalty kick shootout.
- There will be a fifteen (15) minute grace period for the first game ONLY. A team may start a game with a minimum of seven (7) players.
- Teams may substitute freely.
- All substitutes must report to the midfield line in order to enter the game. He/she must wait for the referee's approval before entering the game.
- Teams must sit on opposite sides of the field.
- A size five (5) ball will be used for all games.
- All participants must be enrolled in school. Any child dropping out of school will be ineligible for taking part in the program. Any child suspended from school will also be suspended from this program. He/she can only be reinstated to the program by the NCRD Middle School Coordinator. School enrollment will be checked.